




HOW TO BE A GREEN COBBER


A STUDENT SUSTAINABILITY
GUIDE

GET STARTED!

If this is your first year at Concordia, or you have been here for a couple years, this guide is sure to give you some tips, ideas, or reminders on how you can be a more sustainable Cobber!

Explore the guide, and if you have any questions or want to learn even more about getting involved contact the Sustainability Coordinator, Jackie Maahs, at jmaahs2@cord.edu



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CARBON-FREE CONCORDIA

Concordia's campaign to
reduce and ultimately
eliminate carbon
emissions on campus.

WHAT YOU CAN DO

- Use alternative transportation like bus, bike, or walking
- Turn off electronics whenever possible
- Support and donate to clean energy efforts at Concordia
- Advocate for renewable energy locally and nationally
- Purchase appliances/electronics that are energy star certified
- Be sure all windows in your room are closed when the heat or air conditioning is on
- Purchase carbon offsets when using air travel
- Participate in tree planting opportunities with Sustainability at Concordia



HOW TO

LIVE
LEAD
LEARN

LIVE

IN YOUR ROOM/RESIDENCE HALL

BONUS TIP:

You can recycle pens and pencils in a special box by the campus post office boxes.

Power Down

- Turn lights off
- Unplug when you're not using

Save Water

- Turn off water as much as possible
- Cut down shower time

Recycle

- Use those cool blue bins and make recycling a priority

Take Your Mug

- You can get a discount at the Coffee Stop if you bring your reusable mug!

STUDENT GOVERNMENT

- Become a member of the Student Government Association (SGA)
- Run for an elected position
- Apply to become the Sustainability Advocate for SGA
- Vote in elections
- Present ideas to SGA and be an active member of the student voice

LEAD

SUSTAINABILITY BY THE NUMBERS

On-Campus Sustainability Jobs

14

Sustainability-Related Clubs

2

Sustainability-Focused Classes

16

WAYS TO BE INVOLVED

Sustainability begins with you. Much of the progress and work on campus is due to students. Concordia students continue to work towards a bright, green future and here are ways you can too.

- Actively engage in Taste Not Waste
- Apply for a on-campus job with the Sustainability Office
- Apply to serve on the Presidents Sustainability Council
- Go on a spring break High Impact Leadership Trip
- Reduce your carbon, be a part of Carbon-Free Concordia
- Ride a COBBike, use MATBus, or walk instead of driving a car
- Conduct sustainability focused research
- Join the Student Environment Alliance or Concordia Outdoor Recreation Club

LEARN

HEALTH AND RELATIONSHIPS

Take Care of Yourself

- The world is not healthy if you are not!
- Sleep
- Implement more self-care
- Surround yourself with others

Who is Behind Your Favorite Products?

- Where do they come from and who is making them?
- Think about how people are affected by your consumption!

BONUS TIP:

Relax outside when the weather is nice by checking out a hammock from the Carl B. Library.

RESOURCES FOR YOU



Cornucopia Garden

- Fresh veggies available to all students
- Concordia's garden with fresh food
- Located behind East Complex
- Run by Concordia students
- Grab some tomatoes or radish for your tasty treat!

Free Store

- Located in Park Region
- Like a mini thrift store, but everything is free!
- Make donations or pick up something new to you
- Make an appointment to visit or donate by emailing sustainability@cord.edu

Cobber Food Pantry

- Located in the Parke Student Leadership Center
- Open to ALL Cobbers
- Find hours info @ cobberfoodpantry.com
- Appointments and Food Boxes available - email foodpantry@cord.edu

GETTING AROUND

LOOKING FOR NEW WAYS TO EXPLORE THE F/M AREA?

Concordia's Cobb Bikes are a great option to utilize to have fun with friends, run errands, or just for exercise. Plus it's carbon free! Check out a bike from the Carl B. circulation desk



Heading downtown?
Catch the MATBus
route 1 that goes right
by campus! Concordia
students can ride the
MATBus system
completely free using
your Concordia ID.
Simply swipe your ID in
the reader when you
get on the bus! Check
out the MATBus app or
website to plan your
route.